Theme day Week 1	Monday	Veggie Day Tuesday	Wednesday	Sugar Free Day Thursday	Friday
Option 1 - Hot meal	Beef or Veggie Burger	Macaroni Cheese &	Roast Gammon (or Quorn),	Chicken Curry with Rice	Fillet of Fish or Veggie
	& Potato Waffles	Garlic Bread	Mash Potato with Gravy	& Naan Bread Green Beans &	Nuggets & Chips
Veg of the day	Baked Beans	Broccoli & Sweetcorn	Cabbage & Carrots	Sweetcorn	Peas / Beans
Option 2	Jacket Potato	Healthy Sandwich with pasta side	Jacket Potato	Healthy Sandwich with pasta side	Jacket Potato
Choice of one filling	Beans ,Ham, Cheese, Tuna mayo, and Egg	Ham, Cheese, Tuna	Beans ,Ham, Cheese, Tuna	Ham, Cheese, Tuna	Beans ,Ham, Cheese, Tuna
_	mayo	mayo, Egg and Egg mayo	mayo, and Egg mayo	mayo, Egg and Egg mayo	mayo, and Egg mayo
Sides	Slice of Crusty Bread, Salad and Coleslaw	Slice of Crusty Bread, Salad and Coleslaw	Slice of Crusty Bread, Salad and Coleslaw	Slice of Crusty Bread, Salad and Coleslaw	Slice of Crusty Bread, Salad and Coleslaw
Option 3					
Salad Main with pasta side & up to 2 choices of the following :	Ham, Cheese, Tuna mayo, Egg and Egg mayo	Ham, Cheese, Tuna mayo, Egg and Egg mayo	Ham, Cheese, Tuna mayo, Egg and Egg mayo	Ham, Cheese, Tuna mayo, Egg and Egg mayo	Ham, Cheese, Tuna mayo, Egg and Egg mayo
· ·					
Dessert Option 1		Paris Sandwich &			
•	Iced Chocolate Sponge	Custard	Shortbread Biscuit	Fresh Fruit	Raspberry Buns
Option 2 Option 3	Fruit Pot Yoghurt	Fruit Pot Yoghurt	Fruit Pot Yoghurt	Medley	Fruit Pot Yoghurt
Drink	Water	Water	Water	Water	Water
	Water	WUIGI	Water	Water	Water
		V		6	
Theme day Week 2	Monday	Veggie Day Tuesday	Wednesday	Sugar Free Day Thursday	Friday
	Cheese & Tomato	,	,		,
Option 1 - Hot meal	or Pepperoni Pizza	Cheese &	Special Chilli (Veggie opt)	Meatballs (or Veggie altenative) in Tomato	
	& Potato Waffles	Potato Pie with Mash	with Rice & Tortilla Chips	Sauce & Pasta Shells	Fish Fingers
Veg of the day	Sweetcorn	Sweetcorn / Beans	Carrots & Broccoli	Sweetcorn & Cauliflower	Hot Dogs French Fries
Option 2	Jacket Potato	Healthy Sandwich with pasta side	Jacket Potato	Healthy Sandwich with pasta side	Jacket Potato
	Beans ,Ham, Cheese,			•	
Choice of one filling	Tuna mayo, and Egg mayo	Ham, Cheese, Tuna mayo, Egg and Egg mayo	Beans ,Ham, Cheese, Tuna mayo, and Egg mayo	Ham, Cheese, Tuna mayo, Egg and Egg mayo	Beans ,Ham, Cheese, Tuna mayo, and Egg mayo
Sides	Slice of Crusty Bread, Salad and Coleslaw	Slice of Crusty Bread, Salad and Coleslaw	Slice of Crusty Bread, Salad and Coleslaw	Slice of Crusty Bread, Salad and Coleslaw	Slice of Crusty Bread, Salad and Coleslaw
Option 3 Salad Main with pasta side & up to 2 choices of the followina :	Ham, Cheese, Tuna mayo, Egg and Egg mayo	Ham, Cheese, Tuna mayo, Egg and Egg mayo	Ham, Cheese, Tuna mayo, Egg and Egg mayo	Ham, Cheese, Tuna mayo, Egg and Egg mayo	Ham, Cheese, Tuna mayo, Egg and Egg mayo
Dessert					
Option 1	Iced Sponge Cake	Melting Moment	Fruit Crumble & Custard	Fresh	Rocky Road Biscuits
Option 2	Fruit Pot	Fruit Pot	Fruit Pot	Fruit Medley	Fruit Pot
Option 3	Yoghurt	Yoghurt	Yoghurt		Yoghurt
Drink	Water	Water	Water	Water	Water
Theme day Week 3	Monday	Veggie Day Tuesday	Wednesday	Sugar Free Day Thursday	Friday
Main Meal	Monday	Tuesday	Weanesday	marsday	Triddy
Option 1 - Hot meal	Breakfast Brunch with Baked Beans	Cheese & Tomato Pasta with Grated Carrot & Garlic Bread	Sweet & Sour Chicken (or Quorn), Rice & Prawn Crackers	Pork or Veggie Sausages, Mashed Potato & Gravy	Salmon/ Fishcake and Chips or Veggie nuggets and chips
Veg of the day	Mushrooms	Green Beans	Sweetcorn & Cauliflower	Garden Peas & Carrots	Peas / Beans
Option 2	Jacket Potato	Healthy Sandwich with pasta side	Jacket Potato	Healthy Sandwich with pasta side	Jacket Potato
		•			I
Choice of one filling	Beans ,Ham, Cheese, Tuna mayo, and Egg mayo	Ham, Cheese, Tuna mayo, Egg and Egg mayo	Beans ,Ham, Cheese, Tuna mayo, and Egg mayo	Ham, Cheese, Tuna mayo, Egg and Egg mayo	Beans ,Ham, Cheese, Tuna mayo, and Egg mayo
Choice of one filling Sides	Tuna mayo, and Egg	Ham, Cheese, Tuna			
	Tuna mayo, and Egg mayo Slice of Crusty Bread,	Ham, Cheese, Tuna mayo, Egg and Egg mayo Slice of Crusty Bread,	mayo, and Egg mayo Slice of Crusty Bread,	mayo, Egg and Egg mayo Slice of Crusty Bread,	mayo, and Egg mayo Slice of Crusty Bread,
	Tuna mayo, and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo,	Ham, Cheese, Tuna mayo, Egg and Egg mayo Slice of Crusty Bread,	mayo, and Egg mayo Slice of Crusty Bread,	mayo, Egg and Egg mayo Slice of Crusty Bread,	mayo, and Egg mayo Slice of Crusty Bread,
Sides Option 3 Salad Main with pasta side &	Tuna mayo, and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo,	Ham, Cheese, Tuna mayo, Egg and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna	mayo, and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo,	mayo, Egg and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna	mayo, and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo,
Sides Option 3 Salad Main with pasta side & up to 2 choices of the following :	Tuna mayo, and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo, Egg and Egg mayo Toffee Sponge &	Ham, Cheese, Tuna mayo, Egg and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo, Egg and Egg mayo Apple Flapjack &	mayo, and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo, Egg and Egg mayo	mayo, Egg and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna	mayo, and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo, Egg and Egg mayo
Sides Option 3 Salad Main with pasta side & up to 2 choices of the following : Dessert	Tuna mayo, and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo, Egg and Egg mayo	Ham, Cheese, Tuna mayo, Egg and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo, Egg and Egg mayo	mayo, and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo,	mayo, Egg and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo, Egg and Egg mayo Fresh Fruit	mayo, and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo,
Sides Option 3 Salad Main with pasta side & up to 2 choices of the following : Dessert Option 1	Tuna mayo, and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo, Egg and Egg mayo Toffee Sponge & Custard	Ham, Cheese, Tuna mayo, Egg and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo, Egg and Egg mayo Apple Flapjack & Custard	mayo, and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo, Egg and Egg mayo Choc Chip Cookie	mayo, Egg and Egg mayo Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo, Egg and Egg mayo Fresh	Slice of Crusty Bread, Salad and Coleslaw Ham, Cheese, Tuna mayo, Egg and Egg mayo Jelly